

## TREATMENT LIST

### FACIALS

#### MINI FACIAL (£45)

A thirty minute treatment to relax the mind and clear your complexion. A range of techniques and products are used to cleanse, exfoliate, tone and moisturize. Brighten your skin and your day with this revitalising treatment.

#### ROSE BLUSH FACIAL (£75)

The Carbon Blush signature facial using 100% natural Petal Power products, combines the miraculous botanical powers of Rose Otto oil. Rose, used medicinally for thousands of years due to its magical healing and moisturizing qualities, nurtures dry, sensitive and ageing skin. This sumptuous facial soothes, softens and regenerates the skin back to hydrated beauty. Purchase these Carbon Blush exclusive products following your treatment with 20% off.

#### OBAGI CRYSTAL CLEAR FACIAL (£75)

An intensive and prescriptive skin clearing and exfoliating facial using Obagi Medical Clenziderm products. Salicylic acid and benzyl peroxide based products are used to deeply penetrate the pores to clean, de-clog, tighten and resurface oily and acne prone skin.

#### OBAGI VITAMIN C FACIAL (£85)

An Obagi Medical prescriptive facial designed for ageing, sun damaged and pigmented skin. Potent Vitamin C, arbutine and hydroquinone lift areas of discolouration, brightening and evening out the skin tone. With the powerful antioxidant and UV protecting qualities of Vitamin C, this is an essential treatment regime for damaged skin.

#### INSTAGLOW FACIAL (£120)

A facial that leaves you with a glow worth sharing! This facial combines the Dr Levy Pro Peel, Dermaplaning and LED Light Therapy as well as steaming, cleansing and exfoliating to rejuvenate the skin.

#### DR LEVY REJUVENATING FACIAL (£180)

Instantly rejuvenate your skin and enhance your natural radiance with a facial that not only incorporates all Dr Levy products but additionally uses the AHA Dr Levy peel. Following this, stimulate collagen production with LED light therapy and the matrix mask.

#### STAR BLUSH FACIAL (£295)

The all-in-one star blush facial! This treatment combines all of our top facial treatments to give you the ultimate skin care package. We start by cleansing and exfoliating the skin followed by HIFU. We then prep and numb the skin for an Obagi Blue Radiance Peel and Microneedling. Next we perform the CACI microcurrent facial followed by LED light therapy to calm and soothe the skin.

#### ADD ONS (FROM £30)

+ Gua Sha (£30)

This natural therapy involves scraping skin with smooth-edged massage tools. Using both long and short strokes in multiple directions, soft tissue microcirculation is stimulated to increase blood flow and reduce inflammation, pigmentation, puffy eyes, fine lines and dark circles.

+ LED Light Therapy  
15 minutes (£30)  
30 minutes (£50)

+ Indian Head Massage (£35)

+ Dermaplaning (£55)

+ CACI Microcurrent Facial Toning (£55)



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### CLINICAL SKIN TREATMENTS

#### CACI MICROCURRENT FACIAL TONING (FROM £75)

Electrical pulses gently target the muscles beneath the skin to tone and lift the skin. Specific areas for targeting include the face and the neck. A course of 10 is recommended in order to achieve the full toning effects.

x1 area - £75      Course of 10 - £595

x2 areas - £105      Course of 10 - £795

#### MICRODERMABRASION (FROM £95)

This procedure exfoliates your face by using fine crystals or a diamond tip to scrape away the surface layer of dead skin. The process makes minor abrasions on the skin, as the device used is dragged across the epidermis to vacuum away debris.

Course of 3 - £245

#### DERMAPLANING ( FROM £75)

Dermaplaning exfoliates the epidermis by using a surgical blade to remove the top layer of dead skin cells and built up debris. The procedure reveals a smooth surface and healthy glow. In addition to reviving the skin, dermaplaning removes vellus hair (better known as peach fuzz) from the face. The removal of dead skin cells and facial hair creates the perfect canvas for skin care and makeup.

Course of 3 - £195

#### MICRONEEDLING (FROM £100)

Micro-needles induce collagenesis and rapid skin cell regeneration to tighten and plump the skin. It also reduces fine lines, open pores, pigmentation and acne scarring. This treatment is mainly performed on the face but has also shown positive results on stretch marks on the body.

Small area (patches of stretch marks or scarring) - £100

Large Area (face and large areas of stretch marks e.g. stomach) - £180

Course of 3 - £455

#### ADD ONS (FROM £30)

+ Gua Sha (£30)

This natural therapy involves scraping skin with smooth-edged massage tools. Using both long and short strokes in multiple directions, soft tissue microcirculation is stimulated to increase blood flow and reduce inflammation, pigmentation, puffy eyes, fine lines and dark circles.

+ LED Light Therapy

15 minutes (£30)

30 minutes (£50)

+ Indian Head Massage (£35)





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### SKIN PEELS

#### SILK PEEL [WEAK] (FROM £95)

The Silk Peel combines mandolin acid, ideal for darker or sensitive skin types and is excellent for reducing pigmentation.

Course of 3 - £225

#### PURITY ORGANIC PEEL [MEDIUM] (FROM £110)

A miraculous herbal extraction peel, including thyme, rosemary, tea tree and other secret natural skin resurfacing ingredients. Excellent for reducing fine lines, open pores, pigmentation, acne and acne scarring using all natural products.

Course of 3 - £245

#### OBAGI BLUE RADIANCE PEEL [MEDIUM] (FROM £115)

A light to medium peel, combining salicylic and glycolic acids, which is excellent for treating wrinkles, open pores, acne and acne scarring.

Course of 3 - £285

#### DR LEVY PRO PEEL [MEDIUM] (FROM £140)

This peel uses glycolic acid which is an alpha hydroxy acid (AHA) naturally found in some fruits. This peel can be used for treating mild sun damage to refresh the skin, even out skin tone, or improve discolouration. Additionally the peel can unclog pores and improve acne with results depending on the strength of the solution and the length of time it is left on the skin.

Course of 3 - £345

#### TRANSFORM TCA PEEL [STRONG] (FROM £350)

The ultimate medium to heavy peel using TCA acid which deeply penetrates the epidermal layers to completely regenerate a new layer of skin. The Transform Peel is ideal for heavy wrinkles, pigmentation, sun damage, open pores and acne scarring.

Course of 3 - £745

#### ADD ONS (FROM £30)

+ Gua Sha (£30)

This natural therapy involves scraping skin with smooth-edged massage tools. Using both long and short strokes in multiple directions, soft tissue microcirculation is stimulated to increase blood flow and reduce inflammation, pigmentation, puffy eyes, fine lines and dark circles.

+ LED Light Therapy

15 minutes (£30)

30 minutes (£50)

+ Dermaplaning (£55)

+ Indian Head Massage (£35)

+ CACI Microcurrent Facial Toning (£55)



# TREATMENT LIST

## DERMAL FILLERS & ANTIWRINKLE INJECTIONS

### FILLER (FROM £280)

We stock a multitude of different high end and well known types of filler. Following a consultation with each patient we decide which type of filler will work best for them to plump areas of the face that lack volume; lifting, smoothing and re-shaping.

#### Treatment Areas:

Lips	Tear Trough	0.5ml - £280
Lip Lines	Naso-labial folds	
Cheeks	Jawline	1ml - £360
Chin	Glabellar	
Marionette Lines	Pitted Scars	2ml - £580

### JUVEDERM VOLITE (£400)

Volite is an innovative injectable treatment designed to improve skin quality for up to 9 months. This is a skin conditioning Hyaluronic acid (HA) gel that is injected into the middle layers of the dermis, across many sites, to nourish it from the inside out. The treatment hydrates the skin, because of the high water-binding capacity of HA, increases elasticity because HA also stimulates collagen production and smoothes the skin, reducing the appearance of fine lines.

### BOTOX (FROM £180)

Botox is used to relax the muscles, lifting the skin and reducing fine lines and wrinkles.

#### Treatment Areas:

Glabellar	Lip lines	x1 area - £180
Forehead	Chin	
Crow's Feet	Platysmal Lines	x2 areas - £250
Eyebrow Lift	Jawline	
Eyelid Lift	Underarms	x3 areas - £360

### PROFILO (FROM £795)

A hyaluronic acid filler that suffuses under the skin and has a smoothing effect to restore skins natural glow and prevent any sagging of effects of ageing. The treatment can be used for the face, neck, décolletage and hands. With the face, there are 5 Bap points that can be targeted with this soft filler. 2 treatments are required approximately 2 - 4 weeks apart.

x1 area - £795
x2 areas - £1,495
x3 areas - £1,995

### NON-SURGICAL NOSE JOB (£420)

Varying amounts of Juvéderm Volux is used to amend the shape of the nose dependent on the clients desired end result. Typical reasons include:

- To correct asymmetry and smooth contours of the nose
- To even out bumps & depressions
- Raise the bridge of the nose
- Raise the tip of the nose
- Nasal tip projection

### HYPERHIDROSIS (£400)

(Excessive Underarm Sweating) Botox injections are administered directly into the area of your body that commonly sweats and your overactive nerves are essentially paralyzed. When your nerves can't signal your sweat glands, you don't sweat. Botox will prevent sweating in the specific area it is injected.

### MIGRAINE TREATMENT (£360)

Botox can be a prescribed treatment for helping migraine headaches because it blocks neurotransmitters that carry pain signals from your brain. It stops the chemicals before they get to the nerve endings around your head and neck.





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### NON-SURGICAL FACELIFTS

#### FACELIFT CONSULTATION (£50)

Visit our trained professionals for a consultation on the best non-surgical procedures for you and your visage. At Carbon Blush we take pride in tailoring all treatments specifically to the individual, in order to achieve the most desirable results. The fee of the consultation can be offset against any injectable procedure that the patient decides to go ahead with following their consultation (valid for 3 months).

#### KIMI LIFT (£495)

For the perfect profile the Kimi Lift is the solution. Juvéderm is used in the jawline, chin, lips and cheeks to lift, define and enhance bone structure that has diminished. This procedure has been undertaken by many A-list celebrities and high profile individuals in order to achieve the desired facial structure, treating skin laxity, plumpness and rejuvenation. This procedure leaves no visible scarring, has no downtime and is virtually painless.

#### PDO THREADLIFT (£1,600)

Otherwise known as the lunch time facelift, the PDO threadlift dramatically lifts and tightens sagging skin tissue, using threads made of Polydioxanone (PDO) in the subcutaneous layers of skin. The threads produce instant skin lifting through mechanical effects and skin tightening by contracting fat tissue. They also cause cellular renewal through collagen stimulation and neovascularisation to improve skin texture, fine lines and elasticity. After around 6 months the threads will disappear through simple hydrolysis and lifted effects will last for about 3-6 months providing the desire facial slimming.

+ Additional threads (from £120)

#### HIFU (FROM £525)

High Intensity Focused Ultrasound is used to stimulate collagen production, tightening and lifting the skin. The full treatment is provided as a course of 3 separate procedures in order to achieve the best results.

Small Area (section of the face) - £525

Large Area (full face/neck/decolletage) - £675

x2 Areas - £995

x3 Areas - £1,095

#### ADD ONS

+ Add Botox to any facelift treatment for only £120





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## TREATMENT LIST

### FAT REDUCTION & BODY CONTOURING

#### LUMENIS SLIM ME (£1,595)

The world renowned leader for non-surgical fat reduction, the Lumenis SlimMe uses thermal lipolysis by means of focused ultrasound and radio frequency to destroy targeted fat cells and tighten loose skin. The treatment comes as a course of 3 x 1 hour procedures in order to achieve the best results.

Areas include:

- Stomach
- Waist
- Flanks
- Hips
- Lower & upper back
- Inner & outer thighs

#### SCULPTRA (PLEASE CONTACT THE CLINIC FOR PRICES)

Sculptra is a common filler for body contouring as it has an immediate effect that is long lasting. It stimulates natural collagen production deep within the layers of the skin to firm and plump. It differs from other fillers as it focuses more on a gradual build of beauty through skin tone.

Target areas include:

- Brazilian Butt Lift (BBL)
- Hip Dips
- Non-surgical Boob Job

#### ADD ONS

- + Lymphatic Massage (£35)
- + Microneedling body area (£145)





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## TREATMENT LIST

### SEMI-PERMANENT MAKE-UP

#### MICROBLADING (FROM £395)

A stunning and realistic microblading technique is used to implant natural pigment in to the skin to define the brows and lips with the perfect colour match.

- Eyebrows (£495)
- Lip Liner (£395)
- Lip Blush (£395)
- Lip Liner & Lip Blush (£495)

#### EYELASH EXTENSIONS (FROM £45)

Lashes are made thicker and longer by attaching individual synthetic eyelashes to the natural eyelashes. They are very light and comfortable on the eyes and last for up to 4 weeks. Regular maintenance every 2 weeks will give you trouble free lashes.

- Classic Half Set (£45)
- Classic Full Set (£80)
- Russian Half Set (£55)
- Russian Full Set (£95)
- Hybrid Half Set (£50)
- Hybrid Full Set (£90)
- Infills (£30-65)

Nouveau Express lashes (£55) - For an instant hit of bold and beautiful eyes, Express brings you fast-turnaround lash transformations that last from one day to two weeks.

#### LVL LASH LIFT (£85)

A revolutionary treatment designed to lift your natural lash at the root, creating long and curly lashes. Combined with an eyelash tint, the LVL Lift will open up the eyes, with results lasting for up to 6 weeks.

#### TINTING (FROM £20)

Semi-permanent tint is used to provide long lasting natural colour to lashes and brows. Brow reshaping is included for high definition brows.

- Eyelash or Eyebrow Tint (£20)
- Eyelash & Eyebrow Tint (£25)

#### MAKEOVERS (FROM £45)

For our makeovers we predominantly use Jane Iredale Mineral cosmetics, favoured by Hollywood A listers, due to its 100% natural mineral content and healing skin properties.

Contact us for a makeover consultation - popular makeovers include:

- Professional Makeover (£75)
- Bridal Makeover (£105)
- Trial Makeover (£45)



## TREATMENT LIST

### MASSAGES

Massage relieves mental and physical tension, promotes lymphatic drainage, speeds up the metabolism, reduces anxiety, depression and headaches, helps sleeping disorders and improves skin tone and circulation. Regular massage should be implemented in to your regime for optimal health and well-being.

#### INDIAN HEAD MASSAGE (FROM £65)

This is an ancient therapeutic treatment that has been practiced in India for thousands of years. Part of the Hindu health care practice of Ayurveda, Indian head massage focuses on your head, neck and shoulders and was originally used to improve scalp and hair condition. It is a deep massage, using a variety of pressure and techniques, including circular massage strokes on your scalp, deep tissue work on your shoulders, and stretching the neck.

Course of 3 - £145

#### UPPER BODY MASSAGE (FROM £45)

This massage is performed around the muscles located nearby the mid and upper areas of the spine. An upper back massage involves various different techniques that are used to help relieve muscle tension, pain and tightness. An upper back massage encourages blood flow around the body, providing the muscles with nutrients and oxygen. Increasing the temperature of the muscles aids in the maintenance of healthy muscles. Massage therapists use upper back massage to help relieve pain, tightness and tension.

1/2 hour (£45)

1 hour (£65)

Course of 3 - £125

Course of 3 - £155

#### FULL BODY MASSAGE (FROM £75)

A light, calming massage using a blend of tisser and oils, which works the whole body. Using blended aromatherapy oils, this massage is personally tailored to the individual's needs. This massage will treat all areas of the body most prone to stress and tension, such as the back, shoulders and neck, along with the upper and lower legs, arms and hands.

Course of 3 - £195

#### PREGNANCY MASSAGE (FROM £60)

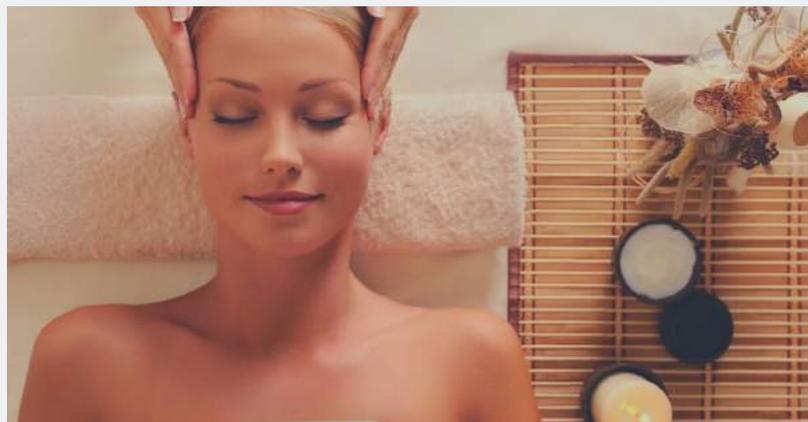
Pregnancy massage is similar in many ways to a normal massage, the main difference being that massage techniques used in pregnancy are adapted to maintain the wellbeing of mother and child. Techniques vary from firmer massages to relieve discomfort, or softer massages to help relax the expectant mother.

Course of 3 - £140

#### LYMPHATIC MASSAGE (£40)

Lymphatic drainage is a therapeutic massage treatment. The massage uses very light pressure and long, gentle, rhythmic strokes to increase the flow of lymph and reduce toxins in your body.

Course of 3 - £95



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### LASER HAIR REMOVAL

The Lumenis Lightsheer desire is the gold standard technology for laser hair removal, permanently reducing hair growth. Suitable for all skin types and hair colour. A course of 6 is recommended to receive the best and most permanent results. Each individual will have a different reaction to laser and hair growth rate will depend on the patient.

#### **XXS AREA (£75)**

Eyebrows, Glabella, Upper Lip OR Ears

Course of 6 - £395

#### **XS AREA (£85)**

Hairline, Sideburns, Cheeks, Chin, Nipples, Fingers OR Toes

Course of 6 - £455

#### **S AREA (£95)**

Eyebrows & Glabella, Upper Lip & Chin, Half Neck, Underarms, Fingers & Toes, Bikini Line, Bottom Crease OR Knees

Course of 6 - £495

#### **M AREA (£145)**

Upper Face, Lower Face, Full Neck, Shoulders, Abdomen, Upper Back, Lower Back, Upper Arms, Lower Arms, Brazilian Bikini OR Bottom

Course of 6 - £765

#### **L AREA (£235)**

Full Face, Full Arms, Chest, Full Back, Upper Legs, Lower Legs OR Hollywood Bikini

Course of 6 - £995

#### **XL AREA (£355)**

Chest & Abdomen, Back and Shoulders OR Full Legs

Course of 6 - £1,300

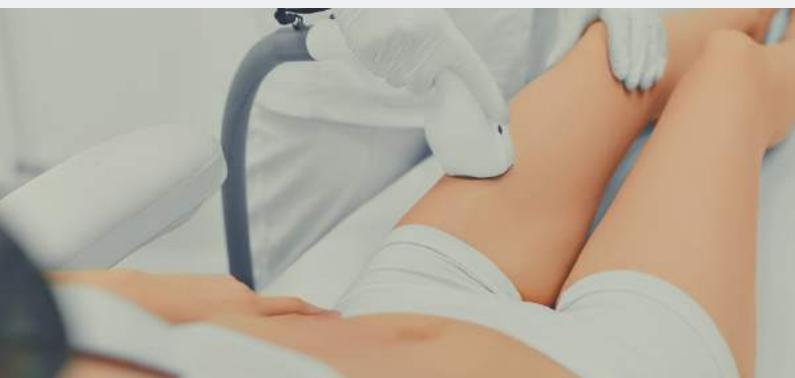
#### **XXL AREA (£395)**

Full Torso Front & Back

Course of 6 - £1,500

#### **FULL BODY (£695)**

Course of 6 - £1,800





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## THERAPIES

### NUTRITIONAL THERAPY (£95)

Our nutritional therapist works with clients to alleviate and prevent illness and disease, as well as to promote good health, by making dietary recommendations. Every individual body is different and there are nutritional and biochemical imbalances in the body that lead to ill health and nutritional therapy.

### PSYCHOLOGICAL THERAPY (£75)

This is a process of talking about and working through your personal problems with one of our highly qualified counsellors. The counsellor will help you to address your problems in a positive way by helping you to clarify the issues, explore options, develop strategies and increase self-awareness. Counselling is available on both a face-to-face basis, as well as in the form of a telephone or video-chat consultation.

### ALLERGY TEST (£350)

At our clinic we offer professional allergy tests. We aim to treat the underlying causes of allergies and intolerances, as opposed to merely treating the symptoms. This can then help to reduce or eliminate the need for prescription drugs and traditional remedies that mask the problem rather than heal it. The basic allergy test includes a brief medical history questionnaire and dietary analysis, testing for food (including the main food groups), drink and environmental allergens. Results have a relatively fast turn around, and will be compiled together with your personal elimination and nutritional programme. We can then make the most appropriate recommendations and supplement suggestions to enhance your health, including intravenous vitamin therapy with highly qualified clinicians.



### IV VITAMIN THERAPY (FROM £75)

Vitamins and minerals are administered directly into the blood stream stimulating a more immediate response from the body than alternative supplements. The amounts administered are carefully controlled to suit each patient and assessed and monitored to provide the best results. Typically, only 50% of vitamins are absorbed into the body when consumed orally but with IV vitamin therapy this is increased to 90%. An IV drip is a quick and efficient way to deliver fluids or medications into the body's circulation using a securely placed needle into the patients vein.

Booster Shots - £75

IV Vitamin Therapy - £250

